## SHAC meeting minutes 3/7/23

- Call to order at 6:00 pm
- Participant Greetings
- Roll Call- participants listed below
  - Cassandra Street, Donna Knight, Johnny Knight, Victoria Ybarra, Sheila Domstead,
     Andrea Jones, Susan Brown, Deb Harner, Angela Fitzgerald, Kendra Morris, Toshia Silva-Reyes, Rebecca Piantini, Issac Rodriguez
- Old Business
- Back to School Bash
  - Updates by Angela Fitzgerald
  - Leads for Vendors
    - Approved retail vendors will pay a fee of \$25 per table
    - Vendors providing information only will not be charged a fee
  - Sue is actively reaching out to community members and agencies as vendors/ information dissemination
    - Agencies contacted- Lions Club International Foundation, Health Care Dental, nutrition agencies, Poison Control (see last meeting notes for details).
  - Brainstorm ideas for booth setup
    - Vendors and organization will set up their own booths starting at 8:00 a.m.
    - Unclear if vendors will bring their own tables or school will provide the tables (last year vendors were provided a table)
  - Donna asked for the details and dates of events
    - August 5<sup>th</sup> from 8:30 -11:30 a.m.
  - Issac asked if a deejay was still an option
    - Angela will check with IMPACT
  - Sue requested a sign-in sheet to see if we were going to meet again before the event, or
    if communication will be through e-mail
    - Everybody voted for e-mail communication
    - Cassie will communicate through Track Sheet
  - Deb requested help reaching out in finding vendors
- Wellness Policy Review
  - Victoria, Deb, Coach and Sue went over changes discussed by SHAC group members/ quick overview
  - Victoria covered the Wellness Plan
  - The group discussed questions/ concerns
    - Is the high school exempt? Victoria answered no restrictions as long as they are on the nutrition plan
  - Deb presented the Bienstar/ Quaver Health Program
    - Updated nutrition policies, sleep, exercise and making good choices
  - Deb talked about physical activities
    - Will include district program available for staff members and employees
    - Sue reiterated that
    - Physical activities and events will be available for students and families

- Group discussed objectives and last changes
  - Victoria Ybarra will update all changes
- New Business
  - Sue- Since the last meeting the group requested for changes and approvals to be approved via e-mail by April 2023
  - Victoria reported her department passed the audit, exceeding all goals and passed with flying colors
- Meeting Adjourned 6:50 pm